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# The Times

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## Pro bodybuilder remembers his roots growing up in Minden

MIKE BAKER

Editor

Ryan White is having the time of his life chasing, and achieving, his dreams.

Growing up in Haliburton County, with his family home in Lochlin, White was always an outgoing kid with a keen interest in sports. He remembers, during his

time at Archie Stouffer Elementary School and, later, Haliburton Highlands Secondary School, being a part of hockey, basketball and football teams. In fact, during his senior year of high school, back in 2001, White was the captain of the then Redmen football team.

By that point, as a blooming teenager, White was four years deep into his biggest and greatest passion – bodybuilding.

"I was probably 12 years old when I got

my start – my mom knew the owner of the health food store in Minden. It was really the only place to get any kind of workout supplements... The owner of the store had a friend that was a personal trainer, who would come in like twice a month. And so she started setting up these appointments for me," White said. "This trainer was the guy who kind of got me onto my first plans, first proteins and multivitamins and started teaching me about sup-

plements and diet."

Today, at 38 years of age, White is one of the biggest names in natural bodybuilding. In June, he secured his first world championship, placing first overall in the Musclemania Universe sports model competition.

And now, having arguably reached the peak of his profession, White spent a little

see DISASTROUS page 2



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Ryan White, who grew up in Minden and now resides in Denver, Colorado, poses for a photo holding a first-place trophy from a recent bodybuilding competition. /Submitted photo

# Disastrous injury brought new opportunities

from page 1

time recently reflecting on the path that got him to where he is today. Speaking to the *Times*, White, who now lives just outside of Denver, Colorado, said he has an awful lot to be thankful for.

He remembers, vividly, his days as a high schooler in Haliburton. A far cry from your typical teenager, White always had a rough idea in his mind of what his future would be, and what it would involve. He spent the best part of two years waking up at 6 a.m. so that he could make his way to the then recently redeveloped gym at HHSS, where he would train for a couple of hours before starting class.

"I was always reading these *Muscle and Fitness* magazines (more on this later) and pulling different articles out... Mr. Davies, the football coach, and Mr. Little would always open the gym up for me and a couple of my friends, and we would go in and train every single morning," White recalls.

Upon graduation from HHSS, White moved down to Toronto, where he studied Kinesiology and Health Science at York University. It was here that he generated a passion for mixed martial arts.

During his time as a student, he studied disciplines such as Shaolin kung fu, Muay Thai kickboxing, and Brazilian jiu-jitsu. He also dabbled in freestyle wrestling and

boxing. He decided to pursue competitive MMA post-graduation.

Now, rather than focusing on something like the Ultimate Fighting Championship, or other cage fighting promotions, White looked into specialized competitions within his fields of study. He entered several Brazilian jiu-jitsu tournaments, and found he was getting better before disaster, at least from an athlete's perspective, struck.

White tore his Anterior Cruciate Ligament (ACL) in the semi-finals of a state championship tournament in Colorado in 2014.

"I was just on the floor when that happened – I had to go and have surgery, and the doctors had to basically build me a new ACL. I wasn't allowed to go back to martial arts competitions until I had gone through different testing," White said. "So, after the surgery, I started going to the gym and doing what I could to make sure I stayed in shape."

It was during this rehabilitation period that White reconnected with one of his close friends, who had just started competing in natural bodybuilding contests.

"He told me that I should consider participating in one – he thought I had the body for it, and, for me, it just gave me something to do, something to focus on," White said. "So, I set a goal, I think it was eight months after my surgery, once I had learned how to walk again, that I was going to do my first competition."

And the rest, as White so eloquently put it, is history. He won that first show, in Colorado, Denver, in October 2015. That win helped pave the way for a different future.

While White only intended on participating in the one bodybuilding contest, the thrill of competing again combined with the knowledge that, with just eight months of work behind him, he was capable of winning a prestigious competition, he bought in. In a big way.

He was invited to attend the natural bodybuilding world championships in Las Vegas, where he represented the state of Colorado as one of their only physique champions. That was an eye opener – White found himself rubbing shoulders with around 700 competitors from 40 different countries.

The event was another unequivocal success. White placed fifth overall in his category. After returning home to Colorado, he found he had become something of an overnight celebrity. He was asked on morning talk shows, both for radio and TV, and saw a huge uptick in the number of people taking out memberships at the gym he owns and operates.

"All these doors just started opening up for me, and I was at the point where I was like 'man, I think I'm just going to run with this for a bit'. So I left the whole competitive fighting side of my life behind and started working towards the goal of turning pro as a bodybuilder," White said.

Within 12 months, White hadn't only achieved that goal, he had knocked it out of the park. Between Oct. 2015 and Oct. 2016, he competed in six shows, won three state titles and placed first in a pro qualifier competition, securing his pro card.



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# 'Huge difference' between natural and enhanced bodybuilding

from page 2

Since then, White has won one further state championship in Colorado and a state title in Texas. He has continued to compete on the world stage, during annual Musclemenia competitions, securing one second place finish before this year's grand title. He was especially proud of his performance in Miami in June, as his main sponsor for the event, who help to cover different costs associated with competing, was Northern HVAC from right here in Haliburton County.

Going over some of the specifics of his chosen profession, White says there's a difference between natural bodybuilding and some of the more famous shows people may have heard of, such as Mr. Olympia and the Arnold Classic.

"For natural bodybuilding, all the competitors have to go through Olympic-level drug testing, where they test for anything from illegal fat burners to steroid panels, peptides, basically anything that would see any of the Olympic athletes get popped for, we get tested on. Then, if we fail, we get our titles stripped and we're banned from competing for two years," White said. "Then, there are other federations that allow enhanced

bodybuilding. Those guys don't do any type of testing, so there's no rules whatsoever. People can take whatever they want."

White focused more on the natural side due to his background, all those years ago, with natural foods and nutrients he got from the health food store in Minden. His background in kinesiology and health sciences helped, too.

We asked Ryan how different, or how much more difficult it is to maintain the life, body and career as a natural bodybuilder compared to enhanced.

"It is work, there's no doubt about it. I would say, for natural, diet is probably even more important than the training. Yeah, training is important, but diet makes all the difference. It helps determine how conditioned you are on stage. So, when I get on stage, usually I'm between 3.5 per cent and four per cent body fat," White said. "It takes an unbelievable effort to get your body ready for competition. Our training camps are typically 16 weeks long."

During those camps, Ryan will dedicate each day to training a specific part of his body. On Mondays he will work on his back, Tuesday on his chest. On Wednesday he will focus on his legs, Thursday on his shoulders and Friday on

“

*It takes an unbelievable effort to get your body ready for competition. Our training camps are typically 16 weeks long*

— Ryan White, pro bodybuilder

his arms. Then, over those days, he will identify which area of his body requires additional help to grow muscle mass and help Ryan look his best. On those days, he will incorporate a high carb, low fat, moderate protein diet. On days where he is focusing on his conditioning, he will have a more high protein, moderate fat, low carb diet.

When talking foods, Ryan says he eats a lot of lean fish, ground turkey and chicken portions. Occasionally he will allow himself fattier fish, like salmon, and red meat. As far as carbs, it's a ton of white rice, vegetables and oatmeal.


Having taken a couple of weeks to

relax and recuperate following that last competition in Miami in June, White is now back in camp, preparing for the upcoming Fitness America competition in Las Vegas in November.

He is still allowing himself a couple of distractions here and there, though.

For example, White has been doing all he can to secure votes in a bit of a different contest he was entered into this summer, one that could potentially see him featured in his favourite magazine from his childhood.

see COACHING page 5



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## (VIRTUAL) COUNCIL MEETINGS

Council and Closed Session meetings are currently being conducted virtually via web conference meetings, until further notice. Meetings begin at 9:00 AM unless otherwise noted.

The schedule of upcoming meetings are:

**August 26 – Regular Council Meeting**

**September 9 – Regular Council Meeting**

Please note Council Meetings are reduced to one (1) meeting a month in August and December.

Members of the Public are invited to observe Council proceedings by joining a live-stream link available on the township website at [www.mindenhills.ca/council/](http://www.mindenhills.ca/council/) or by using the direct link provided in the notice. We encourage those wishing to view the meeting to also download the agenda, as it will not be displayed during the streaming process. Meeting agendas can be downloaded by visiting our website at [www.mindenhills.ca/council/](http://www.mindenhills.ca/council/).

Please note the live-stream link provided for each meeting will only be activated while Council is in session.

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Please see below and visit our website at [www.mindenhills.ca/employment-opportunities/](http://www.mindenhills.ca/employment-opportunities/) for more information and application deadlines.

## HAZARDOUS WASTE COLLECTION EVENT

The next Household Hazardous Waste collection event is **Saturday, September 11, 2021** at the Scotch Line Landfill from 8am to 11:30am. Please visit [mindenhills.ca/landfill](http://mindenhills.ca/landfill) for a list of accepted items.



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## Warden 'impressed' with bylaw debate

MIKE BAKER

Editor

While there was no participation from Haliburton County councillors during the recent public open house for a proposed shoreline preservation bylaw, county warden Liz Danielsen said she was "very impressed" by the high level of insight and information shared by the 21 speakers who participated in the event.

Speaking to the *Times* this week, Danielsen stated the open house, held on July 29, was an important step as county officials and consultants continue working on a bylaw that suits all parties.

"There was a variety of perspectives, and almost everyone was respectful... A number of suggestions were made during that open house that will be considered in the overall mix of input that we are receiving," Danielsen said.

As reported in last week's edition of the *Times*, Haliburton County is working to establish a bylaw that, it hopes, will protect the health and water quality of lakes across the Highlands. Back in January, a draft bylaw was tabled outlining several key items designed to protect water quality. Perhaps the most controversial point was the inclusion of a 30-metre development setback, essentially outlawing any and all construction within close proximity of any water body.

Several area residents have hit out at the proposed legislation, saying it infringes upon private land owners' property rights.

In an attempt to promote further public engagement, consultants Hutchinson

Environmental Sciences and JL Richards Associates will soon launch an online survey, which will be available on the county's website at [www.haliburton-county.ca](http://www.haliburton-county.ca). The plan then is to gather up all the information they have been provided, including independently conducted research, and provide a progress report to council on Aug. 25.

From there, a new draft bylaw will be prepared for council's consideration, and further input will be sought from stakeholders and the public through a second open house, set for September.

Danielsen expects a final draft bylaw to be presented by the end of October.

Reflecting further on the need to establish a shoreline preservation bylaw, Danielsen indicated it is county council's responsibility to look after what she believes to be the Highlands' most important resource – our water.

"County council and a very large percentage of our residents agree that we absolutely must protect the resource that is the foundation of our wellbeing, the lifestyle we enjoy, the value of our homes and our economy," Danielsen said.

Most important though, the warden noted county council was committed to developing a bylaw that satisfies people on both sides of the proverbial fence.

"A bylaw has to be manageable and reasonably affordable as well. We are committed to developing something that is fair and as workable as we can," Danielsen said. "I would ask folks to remember that any bylaw that is adopted will be a living document that can be amended if it's not working as we hope."

Again, for more information on the shoreline preservation bylaw, visit [www.haliburtoncounty.ca](http://www.haliburtoncounty.ca).



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#### WEDNESDAY, AUGUST 25

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**Time:** 10:00am **Location:** Minden Hills  
Cultural Centre. Details at [www.eventbrite.ca/e/storytime-with-drag-queen-aunt-plum-tickets-164339388535](http://www.eventbrite.ca/e/storytime-with-drag-queen-aunt-plum-tickets-164339388535)

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#### SUNDAY, AUGUST 29

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# Coaching has become a true 'love and passion' for White

from page 3

"Muscle and Fitness had a contest running where they were asking people to vote for their favourite bodybuilder in a bunch of different categories. At the end, the winner would have an article written about them in a future edition of the magazine," White said. "That was something I was especially excited about, because I grew up, basically, on *Muscle and Fitness*. I still have this old binder jam packed full of my favourite articles and workout regimens. In high school, *Muscle and Fitness* was basically my workout bible, so to potentially, years later, be featured in it, it would be a dream come true."

Voting for the contest is currently closed, with the winner set to be announced on Friday, Aug. 13.

Now approaching his 40s, White says he has a few more years in the tank as far as competing goes. He wants to maintain a presence in competitions until he hits 45, at which time he will "likely" retire and focus more on coaching.

Since opening his gym in 2014, and especially in the years since he has become a household name on the bodybuilding scene, White has been heavily involved in coaching and training. While he started out helping people with their weight loss goals, he has transitioned into a high-level trainer, assisting several professional athletes.

"I've trained the 2018 Musclemania Bikini world champion, her name is Nicole Ortolani. I've trained pro boxers like Ricky Lopez and Mike Alvarado. Mike Alvarado was actually slated to fight Manny Pacquiao at one time, although the fight didn't go ahead," White said. "Coaching at the gym has certainly become my passion."

Ryan's story is an inspiring one – a small-town boy making it big. When asked what advice he could pass down to the next generation, White said, as much as it might be a cliché, to never give up on your dreams, regardless of what they may be.

"Focus on what you love and what you're super passionate about. Back when I was growing up, there wasn't anybody in town that even knew it was possible to make a living with fitness. It was just something that I loved so much, and I was so passionate about," White said. "I think if you follow your heart, follow your dreams, the money and the opportunities and all of those other things will come."

"It doesn't matter if your thing is that you're great at building model airplanes, or something like that. It might be totally off the wall, like bodybuilding was for me, but if that's where your passion is, and your living it every day, you will find a way to make it work, and success will come," White concluded.

Through it all, Ryan said he has had many people there as a "important" support system to help him through the good times and the bad.

"I would like to say and point out that I have had a lot of help, and a lot of support on my journey. From great coaches, like I had in high school that would open up the gym for me even though they probably shouldn't have, to my mom going out and finding me a trainer, and just understanding this was something I was passionate about, even from a young age. Then my family now - my fiancée, my kids, and just a wonderful community I have around me. I just want to say thank you and show my gratitude to them, I wouldn't be where I am today without them."



Ryan White at stage at the recent Musclemania Universe world championships, held in Miami in June. White secured first place, and his first world title, in the competition's sports model category. /Submitted photo

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## InOtherWords

Columns and Letters to the Editor

The Times

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## Step up and support

IT'S THAT TIME once again. While there are all sorts of different fundraisers, appeals and galas that occur year over year, looking for money to support a wide variety of causes, there's always one that sticks out to me as being of real importance. And those, generally, are ones that have anything at all to do with raising money for local hospitals.

For those of you that are not aware, the funding model that our provincial government uses to filter money through to our local health care centres is a little bizarre. While they will pay the general 'bricks and mortar' costs associated with running a hospital – think staff salaries, utility bills, day-to-day items – they do not regularly allocate any money, not a single dollar, towards upgrading expensive equipment, or even the facilities themselves, on an ongoing basis.

No, no, that burden, instead, pretty much falls to members of the local community.

Ever had to visit the ER at either of the Haliburton or Minden hospitals? That chair you sat on in the waiting area – paid for by the community. Ever had an x-ray? Yeah, that fancy machine was also funded by the community. Pretty much anything you can think of that is used by a doctor or a nurse to help identify, or fix the problem you have was purchased using money that came from the community.

This week, on Thursday and Friday, the Haliburton Highlands Health Services Foundation – the organization charged with raising money for all of those aforementioned things – is partnering with local radio station MooseFM to present the 14th annual community Radiothon.

Over the course of the next two days, MooseFM will have a variety of guest speakers on the air, educating the public about all the things that our local hospital does. Importantly, they will also be raising money to help fund a few pieces of equipment hospital administration have identified as needing to help our doctors and nurses do their job effectively and efficiently.

Last year, even at the height of the COVID-19 pandemic, the event raised \$42,600, which helped purchase new vital signs monitors for the Haliburton and Minden hospitals. This year, while organizers are being careful not to mention a fundraising target, they are planning to use the money to buy some new 'Workstations on Wheels', which can incorporate the new clinical information systems recently installed at both facilities.

So, here's my plea – if you're able to help out, even if it's only a couple of bucks, please do so. You'd be surprised how much of a difference even the smallest amount can make.

And, for the record, this piece isn't intended to put down the dozens of other events that go on, raising money to help combat different diseases, or help individuals through tough times – there is nothing at all wrong with those. In fact, if you can afford to do so, I would encourage you to donate to as many of those as you can too.

But if we want our local hospitals to stick around, and we want them to be able to offer the programs they do and carry out the many procedures they're able to, we need to step up and support them. In any way that we can.



mike baker

## Editorial

## Kwarky



"Oh, I love it when you talk dirty to me."

## Kid stuff

Last night, I decided to go for a quick fish at a nearby dam when I ran into either a very brave or foolhardy man. He had volunteered to take four young boys fishing.

This is not the kind of bravery we often discuss, but it is something that is certainly medal worthy. That fellow risked not only his sanity but getting pierced and tangled up to four times a minute.

It's not that young anglers are bad. It is more like they have no idea of how many arms an adult helper has. Typically, that's two. Nor do they understand that he or she can only help one person at a time.

Two arms, by the way, are not nearly enough for the amount of hook baiting, casting, untangling of lines and landing of panfish that goes on when four eager young anglers gather upon the water.

As I approached the outflow, I noticed that the fellow, a sturdy man in his 30s, was already nearing exhaustion, and they had just got out of the car a minute before I did. So, I decided that I would offer some assistance.

"Fish the lower side of the dam," I said. "They'll catch lots of fish there."

It was only then that I realized the hell I had just unleashed upon him.

"Oh gosh," I said. "I'm sorry."

Sadly, it was too late. At least two of the boys who were already dunking worms in water that no respectable fish would ever swim in heard what I said.

"The old guy says the fish are over there!" they yelled with glee. "Let's go."

Before long, the disciplined line that the poor beleaguered adult had just organized was now a restless and unruly mob. And within seconds they raised tangled lines and weeds and were on

the move to the lower waters where some loud-mouthed stranger told them fish abounded.

"Allow me to help," I said.

Frankly, I deserved what he said next. "Sure," he smiled.

Before long, the man, who in my mind should be the next Canadian considered for sainthood, had, once again, lined up and organized the four kids in the places I suggested, and they immediately started catching fish. This meant he instantly started what could be considered a cottage country marathon. He ran from one successful little angler to another, taking photos, unhooking fish,

re-baiting hooks and casting lines back into the water. At times he was a blur.

The help I provided was a little more subtle. I kept an eye on the kids nearest me to ensure they were safe and every time I hooked a fish, I yelled, "Who wants to land a fish?"

Followed by, "Be careful. Don't run. There's plenty of time" and "Hold the rod high and reel it in."

Before our brief time together was over, all the young boys had landed multiple rock bass and smallmouth bass and the adult, who was the father of one and the uncle of the others had probably sprinted 43 miles.

But a happier group of people I have never seen. The kids were bouncing. The father/uncle was texting photos of happy faces back home and each of the kids came up and politely thanked me for allowing them to land fish I had caught.

Then, one of the kids said, "You're pretty good at this."

I smiled and said, "You're not so bad yourself."

STEVE GALEA  
Beyond 35



# IN OTHER WORDS

Columns and Letters to the Editor

## The Beech

A good friend who lived at the top of the hill behind my place passed away this summer. Her name was Fagus, a Latin name I believe.

I'm guessing that Fagus was close to 100 years old. I can't be certain because I never counted her growth rings.

Yes, my friend Fagus was a tree. Fagus Grandifolia is the official name for North American beech, those heavily crowned forest sentinels with smooth bluish-grey bark and saw-tooth leaves.

I don't know what killed her. It was likely beech bark disease, which has become a grim reaper in Ontario's beech stands. The disease is caused by the combination of a canker fungus and the beech bark beetle, an invasive bug from Europe.



**JIM POLING SR.**

*From Shaman's Rock*

Fagus had a short life, considering beeches can live for 200 or more years. But hers was a happy and productive life, spent giving and helping others.

It might seem odd to be writing an obituary about a tree. However, trees have lives similar to humans. Like us they are born from seed, grow through life stages of childhood, young adulthood, maturity and old age. Like us they

have to fight off diseases and try to protect themselves from natural disasters.

They are a vital part of overall life on this planet, probably more so than we humans, and deserve recognition and respect.

Fagus stood on the edge of a trail I use regularly. Whenever I walked up the hill I stopped and leaned against her trunk to catch my breath.

I often thought it would be nice to talk to Fagus, to hear her story and what changes she has seen over the last century. Some indigenous cultures believe that trees have spirits that talk and people can speak with them if they listen deeply and learn their language.

There is no solid evidence of that but scientists tell us that trees do communicate with each other through underground fungal networks. There is a growing pile of research that shows trees send water and nutrients to each other through underground networks that also carry warning signals about dangers such as disease and insect attacks.

I know little about talking to trees, but I have learned much about Fagus' life just by observing her and her surroundings.

Fagus believed that even as a lone individual she had a critical role in sustaining the world around her. She gave herself fully and her generosity was evident everywhere.

She regularly dropped high-protein nuts that gave bears, deer and some smaller critters the energy and strength they need to live in their harsh environments.

She sheltered many birds in her dense foliage, protecting them from predators and killer storms. Birds, squirrels and chipmunks gave birth to their young in nests she allowed them to build in cavities created where branches were torn from her trunk by strong winds and heavy snows.

During her life Fagus took in about 48 pounds of carbon dioxide a year, or more than two tons over her 100 years. She released enough oxygen into the air for 10 people to inhale each year.

It was all part of that miracle process called photosynthesis in which trees take in and store harmful carbons and give off helpful oxygen. Without photosynthesis there would be no plant life on earth, and therefore no human life.

Fagus dropped her leaves every autumn, fertilizing and protecting the soil around her. Her massive crown of leaves provided shade that helped to regulate temperature extremes.

Along with all her good work, Fagus also raised children who are the promise of a strong, healthy forest future.

Even in death Fagus is not finished giving. Her wood could be used for plywood, pallets or even railroad ties. However, I'll cut her wood into rounds, and split them for the woodstove because beech burns hot and slowly and is rated among the top firewoods.

I'm sad to see Fagus gone, but happy for the generosity of her life. Like humans she provided much good, but unlike humans she never did anything bad.

Thank you, Fagus. You were kind and generous, and beautiful to look at.

### letters to the editor

## Let's move the needle and get youth vaccinated against COVID-19

As parents, we want what's best for our children and teens. We want to offer support, protection, and advice. Although hugs may be a tougher sell for teenagers, they are important too – just like COVID-19 vaccines.

Right now, getting our youth vaccinated for COVID-19 is essential, especially before the start of school. The headlines are correct, a fourth wave of COVID-19 is likely this fall. While many older people are fully vaccinated, young people 12-17 years of age have the lowest COVID-19 vaccination rate of any age group in our region.

The Pfizer COVID-19 vaccine is safe, effective and approved for use in anyone 12 years and older (COVID-19 vaccines for younger children are still in clinical trials and awaiting regulatory approval for use). Two doses of Pfizer vaccine are needed for full protection, and the good news, is that there is plenty of supply locally, so no youth has to go unvaccinated and unprotected.

We know our youth are strong, resilient, and if sick with COVID-19, usually experience mild side effects. This is not the case for others whom a youth may encounter, should they be infected with

COVID-19.

With an increase in fully vaccinated youth, we stand a better chance against a fourth COVID-19 wave caused by the highly-infectious Delta variant. Simply put, if our young, able-bodied constituents aren't protected from this even more dangerous variant, then neither are we as a community.

Let's encourage our teens to get vaccinated. Urge them to do it for the grandparent who has been isolated in a long-term care home and wants to give her grandchild a big hug. Do it so they can go back to in-person learning in September to see all their friends and favourite teachers. Do it so they can get back to what they love doing – hockey, dance, art class or hanging out with friends.

With fall, a new school year and (unfortunately) a fourth COVID-19 wave quickly approaching, the time to act, the time to get vaccinated is now. As parents, we need to move the needle and encourage our youth to get vaccinated. For their sake, our piece of mind, and our community's protection!

**Dr. Natalie Bocking**  
HKPR medical officer of health

## It's time to force the issue

### To the Editor

I'm sure there are many people in a real quandary out there with all this vaccination information.

On the one hand we have scientists, immunologists, epidemiologists, provincial and federal health ministers, Health Canada, the World Health Organization, family doctors and so on all doing everything in their power to convince all of us to get our COVID-19 vaccinations. Let's call them the "smart" people. And on the other hand, we see information gleaned from rumours, ill-informed friends and neighbours, dangerous social media platforms and perhaps even cosmic telepathy.

What is one to think? For some it is all quite confusing.

Perhaps we have two groups of people; some believe that vaccinations are a good thing and save lives. These same people also believe that smoking is harmful, that the world is round and that Elvis is indeed dead. They wear seat belts in the car, brush their teeth and follow the advice of the "smart" people.

The other group will need some

encouragement and I would propose a two-step process to help them along.

The first step is for the provincial government to immediately institute a COVID-19 vaccination certificate and, like many other jurisdictions around the world, would be made available to anyone who has obtained the requisite two jabs. This card would accompany all the other documents we all carry with us and use on a regular basis.

The second part of the process is where the clout is, as it were. "Inclusion by vaccination". Mandate that any public facility or service may serve only those who have proof of vaccination until such time as it is determined that the pandemic is truly behind us. Grocery stores, theatres, libraries, airlines, accommodation.....you get the picture.

It won't take long before the unvaccinated who are a) lazy, b) sceptics, c) conspiracy theorists or d) libertarians decide that the only route to life as they, and the rest of us, knew it, is to help safeguard our collective health and get vaccinated.

**Sean Pennylegion**  
Haliburton

## Please, take your garbage home

### To the Editor

*Re: Litter Letter, published July 20*

Spring has sprung, the grass has ris'  
Along roadside ditches the garbage is!  
Cups from Tim's, and bottles and more  
Plastics and cans and junk galore!  
Flung from a window of a passing car  
From those who are local or those  
from afar.

Why do folks do it I don't understand  
Cluttering and spoiling our beautiful land!

Surely you know it's everyone's duty  
To protect our Highlands in all its beauty!!

And so I just ask you wherever you roam

Please pack up your garbage and just take it home!

**Lois Rigney**  
Canning Lake



# Local optometrists have 'mixed emotions' over strike

GRACE OBORNE

Staff Reporter

The Ontario Association of Optometrists (OAO) have voted to stop all non-emergency OHIP-covered services and procedures starting Sept. 1 unless the Ontario government takes measures to provide adequate funding.

This means that as of Sept. 1, anyone that tries to book an OHIP-covered eye-exam with an optometrist in Ontario, including Haliburton County, will be turned down, with the exception of emergencies.

"It's a cumulative action to help all optometrists across Ontario. It's really not an individual choice, we have to think as a collective group, and we have to work as a unified collective group to go towards finding a solution that not just helps certain optometrists in certain places, but then can work for the overall betterment of the optometry profession," said Kinderpal Singh, who, alongside his wife Dr. Amardeep Bhogal, recently relocated to Haliburton.

Singh, who was trained overseas, is waiting for his license that will allow him to become a practicing optometrist in Canada. He will be joining the team at Haliburton Vision Care Centre shortly.

Haliburton-Kawartha Lakes-Brock MPP Laurie Scott informed the *Times* that this was an issue she was working hard on, in an attempt to find a reasonable resolution.

"I recently met with OAO, who represent our local members as well. I've been



Dr. Bhogal, Singh, and Dr. Benoit, local optometrists will be taking part in a job action beginning September 1st that withdraws all OHIP-covered unless the province takes measures to provide adequate funding. /GRACE OBORNE Staff

in communication with the Ministry of Health. On this long standing issue, and have been assured that working on a solution is a priority. To be clear, our government will continue to fund OHIP optometry services," Scott said.

The Ministry of Health provided an update on Monday morning (Aug. 9), stating negotiations between the province and the OAO were underway.

"The Ministry of Health and the Ontario Association of Optometrists (OAO) resumed discussions concerning our shared commitment to develop a plan that is fair, sustainable and effective in supporting the province's optometrists in delivering high-quality care to Ontarians now and into the future," the update read.

"To that end, on Aug. 6, the Ministry proposed to engage a third-party expert mediator to assist us in finding a resolution and the OAO is considering this option," the statement continued.

OHIP covers eye exams for seniors, children under the age of 19, and adults with medical conditions. Optometrists are reimbursed for services that are provided to people in these groups.

According to Dr. Rene Benoit, an

optometrist in Haliburton, those reimbursement rates, around \$45, no longer reflect the true cost of OHIP-covered procedures.

"The basic overhead cost to deliver this service has been calculated by the Association to be \$90 per examination, leaving optometrists to absorb the \$45 difference, and this has become a completely untenable situation, because the approximate \$45 fee paid to optometrists for subsidized eye examinations has not changed since 1989, 32 years, when overhead costs of delivering eye-exams was far, far lower," Dr. Benoit said.

"The only way that some optometrists have been able to stay afloat is with earnings from fitting eyeglasses and contact lenses, and by charging appropriate fees (usually about \$100) for non-OHIP-covered eye examinations (20 to 64 year-olds with no serious medical or ocular conditions)," Dr. Benoit told the *Times*.

The Ontario Association of Optometrists wants the government to cover the actual costs of delivery for subsidized eye examinations. Optometrists in the province are determined that the job action will carry out as long as it takes for their demands to be met.

"The harder we push, we're hoping the shorter the job action is. We don't want it to go on for very long," said Dr. Bhogal.

Optometrists have mixed emotions about the job action because they want to care for their patients.

see JOB page 11

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[jenn@haliburtonpress.com](mailto:jenn@haliburtonpress.com)



# Job action to commence Sept. 1

from page 8

"It's mixed emotions, because we understand that there are people that only come in because their eye exam is covered. Those are all the vulnerable categories where things can often go wrong, so we definitely know that if it's not funded by the government, we're going to have a hard time getting those people in for regular checkups and things are going to go missed, and diseases are going to go on un-monitored," added Dr. Bhogal.

Both the OAO and its registered members are keen to press home the point that this financial disconnect has gone on for far too long, and, in our current climate, it just isn't feasible for the industry to essentially absorb 50 per cent of the cost of OHIP procedures moving forward.

"We want to raise awareness most of all. I think when people keep coming in to get a service, they take it for granted. Understand that if we actually want to keep our doors open, we can't keep charging what we charged about 30 years ago. I think now it's coming to the point where

we're running into a loss. One could be an optometrist that is forced to close their doors, just because they're not getting the funding that they need to keep everything open," said Singh.

"We want to work with the government, to reach a solution. Let's keep providing this care, because down the road, if we don't take care of these people now, their eyesight is going to be bad in the future," Singh said.

Dr. Bhogal reiterated that optometrists are happy to come to the table and negotiate, stating a peaceful resolution benefits all parties.

"You know, we want to work with the government and we do really hope that they can come up with a solution with the Association. We really don't want to lose the government funding for it, because we want to make sure everyone that needs eye care, gets eye care," added Dr. Bhogal.

Optometrists from Troy Optical in Minden will also be participating in the job action. The organization did not provide additional comments to the *Times* by press time.

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# Wait, those 'weeds' are helping our lakes

Thinking of removing aquatic vegetation from your shoreline or around your dock and swimming area? STOP! It is illegal to remove vegetation from the water without a permit from the Ministry of Natural Resources and Forestry. What's more, these so-called "weeds" are actually helping to keep our lake healthy.

Aquatic vegetation helps remove phosphorus from the water. Phosphorus is considered one of the major stressors contributing to algal blooms. Fortunately, we have not experienced a bloom on Lake of Bays and our water quality is excellent, but one would seriously and negatively affect our enjoyment of the lake and property values.

Aquatic vegetation also provides fish habitat—both feeding grounds and spawning areas.

Some companies recommend agitators to minimize plant growth in the water. While not illegal, these devices disturb silt from the bottom of the lake and greatly increase water turbidity. Disturbed silt can smother fish eggs, cause damage to the sensitive gills of fish and potentially interfere with particulate feeding. Turbidity makes it more difficult to treat water for drinking and reduces light penetration which affects the growth of phytoplankton, negatively impacting the entire aquatic food chain.

Disturbing the bottom of any water body, whether by pulling vegetation or using an agitator could release con-

taminants, including cadmium, mercury, lead, excess phosphorus, pesticides, PCBs, and others, which had been safely contained in the silty bottom.

So rather than trying to get rid of aquatic vegetation once it's there, why not address the cause? Aquatic plants often grow where nutrients such as phosphorus, nitrogen, and potassium, are plentiful. Efforts to prevent excess nutrients in the soil along the shoreline from reaching the lake are our best line of defense. This can be done by:

reducing or eliminating lawn areas that have shallow root systems that do not absorb many nutrients;

never using fertilizers (which all contain phosphorus, nitrogen, and potassium); and

establishing deeper and wider buffers of indigenous, deep-rooted shrubs or trees along the shoreline that filter out excess nutrients from the soil before they can reach the lake water.

If you are interested in getting help to renaturalize your shoreline, visit [naturaledge.watersheds.ca](http://naturaledge.watersheds.ca). They offer advice on indigenous plants, planting plans, and subsidized rates for shoreline property owners.

Submitted by Caroline Konarzewski  
Lake of Bays Association

*Melanie Hevesi*  
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# MooseFM set to host annual Radiothon to benefit HHHSF

GRACE OBORNE  
Staff Reporter

The power of radio is not that it speaks to thousands, even millions of individuals, but rather it speaks intimately to each one of those people at a localized, community-oriented level.

Knowing this, every year 93.5 MooseFM hosts their annual Haliburton Highlands Health Radiothon. This week, on Aug. 12 and 13, anyone can tune in, and call to make a donation between 6 a.m. and 6 p.m. There will also be an online donation drop box as well.

The Radiothon raises funds for Haliburton Highlands Health Service Foundation, who in turn use those funds to purchase vital pieces of equipment, or make important upgrades at our hospitals in Haliburton and Minden.

Each year, the foundation identifies a different piece of equipment that they're raising funds for. This year, funds are being raised for "Workstations on Wheels," or WOW for short, for the new clinical information systems at both Haliburton and Minden hospitals.

The first Radiothon for the HHHS Foundation took place 14 years ago, in 2007. At the time, the radio station was just getting started as well.

"The radio station itself was just getting going back in those days. The owner

and president at the time wanted to help out a charity, and so they came together [the station, and foundation] with a plan of doing a Radiothon. That's simply how it started," noted broadcaster and host for MooseFM, Rick Lowes.

This year's Radiothon will have a few prizes and specials throughout the day. There will also be frequent opportunities for people to be acknowledged online.

"Sometimes people will call in and make a challenge. Say they're a resident on a particular lake, they may call in and challenge their fellow lake association members, fellow cottagers, or fellow residents to also make a donation. Ultimately, we have lots of fun over those two days," said Tompkins.

"It's exciting because there's something constantly happening. We're interviewing people all day long, and other than COVID years, we have a lot of people coming in and out of the studio as well. So it's an exciting time, and I look forward to it," added Lowes.

COVID-19 has changed the way the annual Radiothon operates, however, it doesn't mean it's slowed the station or the foundation down. Instead, it's advanced their efforts.

"COVID has certainly changed our ways. One of the big things that changed is that people could also make donations online. This started last year, and we hope to see people continue to do it again this year," noted Tompkins. .

Tompkins and Lowes expressed how important the annual Radiothon is to the community and healthcare.

"I think the Radiothon has become a great opportunity for us, to reach out and speak to a number of listeners about how important healthcare is in our community. It also helps us to reach not just local residents, but also visitors to the Haliburton area who are listening to MooseFM," said Tompkins.

"It's important for the future of the com-

munity. There is nothing more important than a health care facility that can provide for the community that lives here or visits here, so when people listen to the Radiothon, they are helping us to help health care facilities which ultimately help us, you know? It's a circle," concluded Lowes.

To donate online to the Haliburton Highlands Health Service Foundation, visit [www.hhhs.ca/foundation](http://www.hhhs.ca/foundation) and click the "donate now" button.



**T-shirt time**  
Haliburton-Kawartha Lakes-Brock MP Jamie Schmale was given a tour of the Vaccination Clinic at the Minden Community Centre after donating \$1000 to Minden Rotary for the purchase of volunteer t-shirts. /GRACE OBORNE Staff

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Answers on page 18

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## THE TOWNSHIP OF MINDEN HILLS

IN SEASON, EVERY SEASON  
NOTICE OF PASSING OF A ZONING BY-LAW AMENDMENT  
BY-LAW 21-87  
Report #21-38B

**TAKE NOTICE THAT** the Council of the Corporation of the Township of Minden Hills passed **By-Law No. 21-87** on the **29<sup>th</sup> day of July, 2021**, under the provisions of Section 34 of the *Planning Act*, RSO 1990, c. P. 13.

The lands subject to the amending By-law comprise the Corporation of the Township of Minden Hills in its entirety; hence no key map is provided.

**IN MAKING THEIR DECISION**, Council considered all written and oral submissions received regarding this application and; in doing so it was Council's opinion that any/all comments were satisfactorily addressed. All comments and information presented helped Council to make an informed decision.

**THE PURPOSE AND EFFECT** of the zoning by-law amendment is to permit property owners to reside in a recreational vehicle (RV) or tourist travel trailer while construction of a dwelling on the same property is being completed.

**AND TAKE NOTICE** that any person or agency may appeal to the Ontario Land Tribunal in respect of the By-law by filing, no later than **4:30 PM. the 31<sup>st</sup> day of August, 2021**, a notice of appeal with the Clerk of the Corporation of the Township of Minden Hills, which must set out the reasons for the appeal and must be accompanied by the prescribed fee of \$1,100.00 payable to the Minister of Finance by certified cheque or money order. The appeal must also be accompanied by the completed Ontario Land Tribunal (OLT) appeal form. If you wish to appeal to the OLT, a copy of an appeal form is available from the OLT website at [www.olto.gov.on.ca](http://www.olto.gov.on.ca) or by contacting the Township Office.

**A COPY** of the amendment and any additional information relating to the Zoning By-law Amendment is available for inspection by contacting the undersigned.

Only individuals, corporations and public bodies may appeal a by-law to the Ontario Land Tribunal. A notice of appeal may not be filed by an unincorporated association or group. However, a notice of appeal may be filed in the name of an individual who is a member of the association or the group on its behalf.

No person or public body shall be added as a party to the hearing of the appeal unless, before the by-law was passed, the person or public body made oral submissions at a public meeting or written submissions to the council or, in the opinion of the Ontario Land Tribunal, there are reasonable grounds to add the person or public body as a party.

Dated this 11<sup>th</sup> day of August, 2021  
Trisha McKibbin, CAO/Clerk  
[tmckibbin@mindenhills.ca](mailto:tmckibbin@mindenhills.ca)  
Township of Minden Hills  
P.O. Box 359 - 7 Milne Street  
Minden, ON K0M 2K0

## THE TOWNSHIP OF MINDEN HILLS

IN SEASON, EVERY SEASON  
NOTICE OF PASSING OF A ZONING BY-LAW AMENDMENT  
BY-LAW 21-68  
PROVINCIAL HIGHWAY NO. 35  
FILE NO. PLZBA2020049

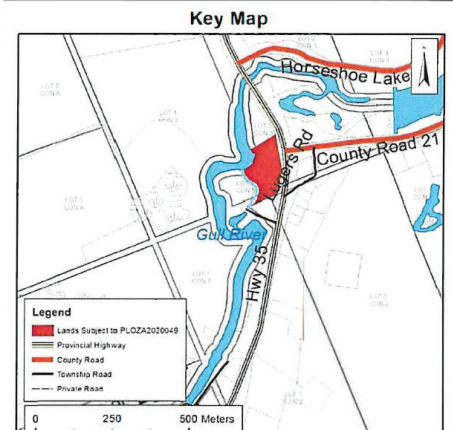
**TAKE NOTICE THAT** the Council of the Corporation of the Township of Minden Hills passed **By-Law No. 21-68** on the **29<sup>th</sup> day of July, 2021**, under the provisions of Section 34 of the *Planning Act*, RSO 1990, c. P. 13.

The site specific amendments apply to property located west of Highway 35 at County Road 21 (see Key Map below).

**IN MAKING THEIR DECISION**, Council considered all written and oral submissions received regarding this application and; in doing so it was Council's opinion that any/all comments were satisfactorily addressed. All comments and information presented helped Council to make an informed decision.

**THE PURPOSE AND EFFECT** of the zoning by-law amendment is to change the zoning on the subject lands to "Residential Type Two Exception Fifteen (R2-15) Zone" in order to permit the development of "36" dwelling units on the site.

**AND TAKE NOTICE** that any person or agency may appeal to the Ontario Land Tribunal in respect of the By-law by filing, no later than **4:30 PM. the 31<sup>st</sup> day of August, 2021**, a notice of appeal with the Clerk of the Corporation of the Township of Minden Hills, which must set out the reasons for the appeal and must be accompanied by the prescribed fee of \$1,100.00 payable to the Minister of Finance by certified cheque or money order. The appeal must also be accompanied by the completed Ontario Land Tribunal (OLT) appeal form. If you wish to appeal to the OLT, a copy of an appeal form is available from the OLT website at [www.olto.gov.on.ca](http://www.olto.gov.on.ca) or by contacting the Township Office.



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Dated this 11<sup>th</sup> day of August, 2021  
Trisha McKibbin, CAO/Clerk  
[tmckibbin@mindenhills.ca](mailto:tmckibbin@mindenhills.ca)  
Township of Minden Hills  
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**Enough is enough**  
A recent rally, which garnered plenty of honks from passing motorists, was for the healthcare union, SEIU and was held in front of the medical facility on Wednesday, Aug. 4 in Minden. The rally was held to bring attention to the province's Bill 124, which limits compensation increase for public sector workers to one per cent annually. There was also a rally later in the day outside the hospital in Haliburton. The SEIU represents 60,000 frontline health care workers. They announced there will be a province-wide union action in partnership with union, OCHU-CUPE on Friday, Sept. 10./DARREN LUM Staff



Participants of a rally for healthcare union, SEIU hold posters and a flag in front of the medical facility on Wednesday, Aug. 4 in Minden. /DARREN LUM Staff

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# Retired NHL star remembered as one of the greats

DARREN LUM

Staff Reporter

Former NHLer and soon-to-be Haliburton Highlands Hall of Famer Ron Stackhouse will always be a source of inspiration to those looking to chase their dreams.

Born Aug. 26, 1949, Stackhouse towers over most, standing a little more than 6'3" and close to 200 pounds, the soft-spoken man, originally from West Guilford, never forgot where he came from, even after reaching super stardom.

He was drafted by the Oakland Golden Seals in the second round, eighteenth overall in 1969 NHL Draft.

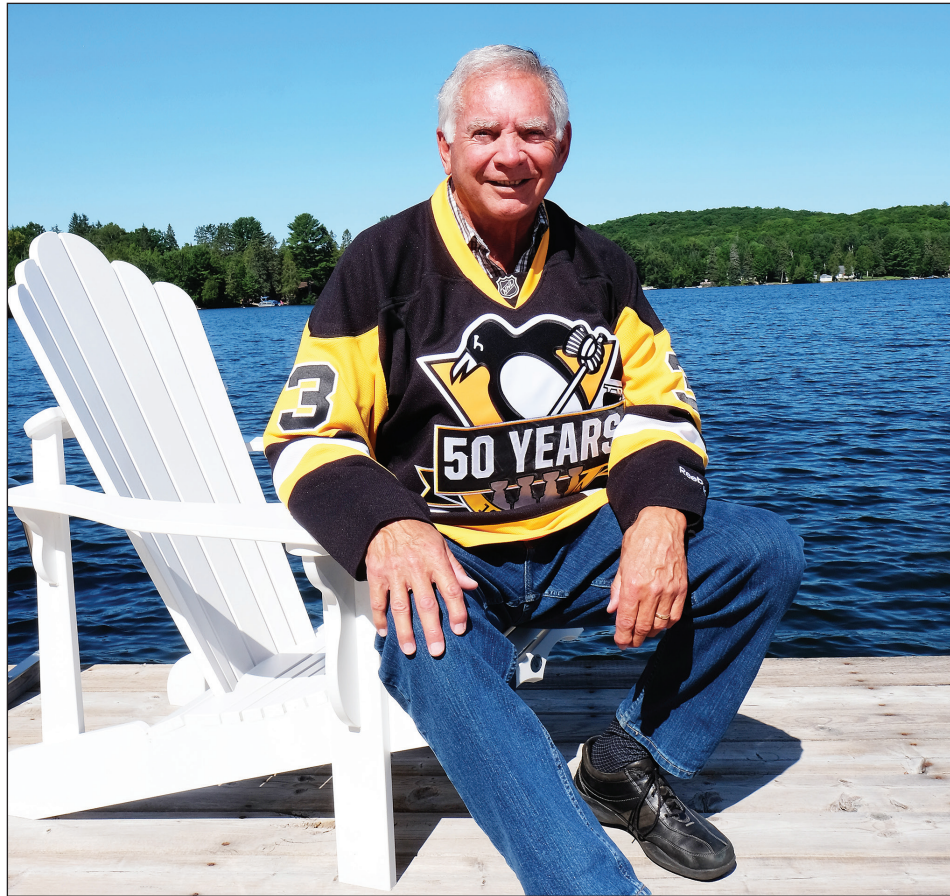
Both his parents were not typical hockey parents.

Only a few weeks after he was drafted, his father died. His mother would do her best to attend his NHL games and is his "biggest fan, for sure."

Stackhouse credits his hockey start to fellow Hall of Fame inductee Ab LaRue, community builder and a central figure in Haliburton behind the construction of a hockey arena with artificial ice, and credited with bringing the Haliburton Huskies to town, and respected hockey mind Roger Neilson, who helped him develop his game after two years playing for him with the Peterborough Petes.

He figured once he left Peterborough his hockey days were over. A draft wasn't even on his radar.

"When the two years were up ... I didn't even know there was a draft. That's how far back in the bush I was from. I had no



Former NHLer Ron Stackhouse sits on his dock on 12 Mile Lake, remembering his improbable NHL career that included an all-star game goal. Stackhouse remembers having to look on a map to see where Oakland was after he was drafted by the Oakland Seals. /DARREN LUM Staff

idea. It was only a few years before they outlawed the NHL teams from owning the junior teams, and up until a couple years

before that there were still guys playing that were owned by whatever NHL team," he said.

His life changed forever the summer after his season with the Petes when a letter arrived at his home in West Guilford. Hockey was furthest from his mind.

"Well, that's my hockey career. And I get a letter from early summer from the Oakland Seals, saying, 'We drafted you. Welcome to our organization. You'll get a letter later in the summer and we'll be making arrangements to contact you and let you know about training camp.' Well, this is exciting. Where the hell is Oakland?" I had to look it up on the map," he said, laughing.

Drafted players typically signed with an NHL franchise for \$3,000, he said. Then they were paid \$7,500 to play for the American Hockey League affiliate team and were paid \$10,000 when they played in the NHL, he added.

"That was sort of how it worked. So, I thought, hmmm, that's more than I can make in Haliburton. We're talking a long time ago. So it sounded like a good deal to me. I was so clueless," he said.

Most players like him at the time didn't have an agent. It wasn't until his third or fourth year of professional hockey that he hired one, Stackhouse said.

His 12-year NHL career included stints with the Seals, the Detroit Red Wings, and then the Pittsburgh Penguins, where he played for nine seasons, which included an unforgettable all-star game appearance in 1980.

Scoring in his only all-star game appearance on Pete Peters of Philadelphia Flyers proved to be among the top NHL highlights for Stackhouse.

see RON page 18

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# Ron Stackhouse 'immensely proud' to join Highlands HoF

from page 18

"I mean Gordie Howe was on my team and Guy LaFleur. Guys like that and Darryl Sittler. Guys like this. I actually scored a goal and it was a breakaway goal. LaFleur, up to Sittler, up to Stackhouse. He's in the clear. Scored a goal, top shelf," he said. "Just being in the same dressing room with all these guys, who were essentially legends."

Another highlight was when he tallied six assists in Pittsburgh, which is an NHL record for a single game that still stands.

"I think it was the only time, however many years I spent in Pittsburgh, that I actually got an ovation from the fans," he said. "The fans used to boo the [crap out of] me all the time. They expected me to beat the crap out of somebody. When things weren't going well they would harass me and I wasn't a very happy camper in Pittsburgh."

He adds for all his statistical success, often one of the top scoring defencemen in the league, the fans never warmed to him and he tried to get traded several times to no avail. He finds it a little surprising that he is now mentioned among some of the best Penguins' players ever, pointing to a 50-year commemoration calendar that includes his likeness along with legendary players such as Mario Lemieux and Sidney Crosby.

Locally, his achievements are being recognized with an induction to the Haliburton Highlands Hall of Fame this autumn.

Stackhouse said this is an honour and reminded him of how surprised he felt with having his likeness added to the side of the arena in Haliburton.

"The fact they put my picture on the side of the arena, like, what brought this on sort of thing? Because I really am a small town boy. I never really got knocked over by the stardom side of things. I was pretty down to earth," he said.

He appreciates the way the Hall of Fame has recognized a group that represents the diversity of sports.

"Hockey was such a big part of sports up here and I guess sometimes it's taken front and centre, but I'm really glad they've approached this sports Hall of Fame the way they have. None of this is about being politically correct. It's recognizing people in a variety of things that are important to a lot of people. Hockey is important to a significant number of people, but it's only one aspect of sports. It's good to know that people from these other things are getting recognized," he said.

LaRue, an inductee in the builder category, was pivotal for players such as Stackhouse, who returned to play for the Huskies for one season in the 1960s.

"You know, I wouldn't be in the NHL if it wasn't for Ab LaRue," he said. "I was just 16 years old. He and a bunch of other guys got behind building the new arena... and doors opened up for me," he said.

He also credits the builders, the coaches and hockey dads, who he remembers helped with different team aspects such as transportation. He can still remember piling into a Volkswagen bug with three or four other boys.

When his playing days were over, Stackhouse returned to school, attending York University and Trent University. He then returned home to teach at Haliburton Highlands Secondary School for 25 years before retiring. Now, he splits his time between his home in Minden and Florida.

With close to three decades of teaching under his belt, he understands the role the Hall of Fame can serve in the community, particularly for the next generation to learn about where the community has come from, he said.

"For a small town, there have been a lot of people who have achieved a lot with respect to implementing sport, as part of life. You have groups, who are only focused on one sport perhaps, but it doesn't really matter what the sport is. The idea is some people from this small area have excelled big time. And behind someone's success there are usually a lot of supporters along the way," he said.

Stackhouse is and was living proof of what is possible.

He inspired fellow West Guilford son, Bernie Nicholls, who is also being inducted this autumn. He was drafted by the Los Angeles Kings and played for 18 years in the NHL. He finished as a proven scorer, scoring 475 goals and added 734 assists. Few players can match his single-season high of 70 goals, as part of a 150 point total in the 1988-1989 season.

Stackhouse admits his opportunities were not all within his control.

His first year playing for the Seals' affiliate team in Providence wasn't without its challenges.

He remembers falling down while skating backwards, which led to unfavourable newspaper articles about him. Fans there didn't fully appreciate his style of game, which didn't focus on playing the rough and tumble style, which was popular. At some point in the season, he only played away games, he said. The next season fate stepped in to give him an opportunity.

"Fate, fortune plays a role. Some guys got hurt. Guys had contract disputes. The first thing you know I'm on a plane to California and California was just amazing. I had a great year. I had too good of a year," he said, referring to the 32 points he finished with. "They ended up trading me the next year to Detroit for Tommy Webster, who was their best player," he said.

He enjoyed his time in Detroit, but was traded to Pittsburgh after less than three years.

It was there that he truly hit his stride and was considered among the top scoring defencemen in the league during the 1970s. Although the Penguins management loved him, the fans never appreciated his attributes, wanting him to use his size to play more physically with opposing teams, such as rival Philadelphia Flyers. When Stackhouse left hockey he was looking for a new start and it might have taken a bit of time following hockey, but he's finally found happiness in retirement.

"There I am in Pittsburgh ... I walked away from two years and an option on a \$140,000 contract, which was pretty good money back then. My ex-wife was unhappy. I was hurting. Both shoulders were separated. Well, if I get out of hockey maybe things will turnaround. Well, it did. My wife and I split, and here I am [decades later]. As I told you before, I'm a really happy guy and in a wonderful comfort zone in my life and things are really good," he said.



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9	8	2	7	3	6	5	1	4
7	9	5	1	6	3	4	2	8
2	4	8	9	7	5	3	6	1
6	3	1	8	2	4	7	5	9

**CANOE**  
100.9 FM

**ONLY 4500  
TICKETS TO BE  
SOLD!**

**CASH LOTTERY**

**GRAND PRIZE \$5,000**

**2<sup>ND</sup> PRIZE \$1,000 3<sup>RD</sup> PRIZE \$500**

**Tickets 1 for \$10, 3 for \$20**

Available at CANOE FM, On The Spot Variety in  
Minden and Haliburton Foodland or  
by calling 705-457-1009 to use Visa/Master Card

**DRAW DATE Monday, October 11, 2021**  
**@NOON at CANOE FM RADIO STATION**

**All funds support 100.9 CANOE FM  
not-for-profit community radio**



# Minden Times Classifieds

Call 705-286-1288 classifieds@haliburtonpress.com Deadline 4 pm Each Monday

## Classified Word Ad Special

25 Words  
Your ad will run in  
The Echo, The Times  
& County Life  
Only \$15 <sup>+HST</sup>

### 100 LESSONS/CLASSES

**STAINED GLASS LESSONS** Are you interested in learning the traditional art of Stained Glass? Small class sizes catered to your schedule.  
**Call Tom at 705-286-3628**

### 200 FOR SALE

1- 200 gallon fiberglass 2013 **OIL TANK**  
\$1000.00 Call **705 447 2055**

**ONTARIO GARLIC AND SCAPES**, Garlic Powder, Scape Powder, Jams, Jellies, Pickles, Spreads, Seed Garlic. 1434 Kashagawigamog Lake Rd 2.2 km from Cty Rd 21 Minden  
**Ph #705 286-1617**

### 220 FIREWOOD FOR SALE

**CUT SPLIT & DELIVERED** seasoned firewood. \$350/bush cord plus delivery for single bush cord. Inquire about multiple bush cord pricing. 90% maple/all hardwood. Very clean wood. Dry also available. **Call: 705-930-7198**

### 230 YARD SALE

**SATURDAY AUGUST 14th** from 8am-3pm.  
**4686 Gelert Road**. Across from Community Center.



### 260 AUTOMOBILES FOR SALE

**1990 PONTIAC BONNIEVILLE**. Approx 200000 kms. As is. Stored and rust proofed during winter. Phone **705-754-0805** and leave message.

### 280 ITEMS WANTED

**SCRAP CARS, TRUCKS & MACHINERY REMOVED**  
**\$\$ CASH \$\$ PAID**  
**Free Pick up.**  
**Call Today 705 340-2094**

**KITCHENAID STAND ALONE MIXER.** For parts or purchase. Will Pay Cash. Will also repair your mixer. Cliff Harding - **705-286-3351**

### 380 COMMERCIAL SPACE FOR RENT

**SELF CONTAINED STORAGE UNITS** for rent, discounts available, located on Industrial Park Road in Haliburton.  
**Call 705 457-1224.**

**FREE DENTAL CLINIC:** 1650 sq.ft, 4 ops, PanX, etc. Move in, Pay rent, Start production billing immediately.  
**info@carriage-house.ca**

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*It's what we love to do!*

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» Excellent rates

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**www.cmpainting.ca**

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**Call Today!**

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*Batteries, all types;*  
Truck, Tractor,  
Snowmobile, Motorcycle  
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**PLUS Tractor Chains**  
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29 gauge Galv \$88 per sq.  
40 year paint \$134 per sq. ON  
SALE...Painted \$112 per sq.

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**705-723-8080**

**www.sbsteel.ca**

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for free quote.

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\*Windows/Doors  
\*Handyman Services  
\*Wood Flooring \*Trim Work  
\*Interior/Exterior Painting  
\*Pressure Cleaning  
\*Fixtures & Fans Installed  
\*Drywall Taping & Repair  
\*Deck Building & Dock Repair  
~NO JOB TOO SMALL~  
**705-457-7179 cell**

#### EXPERIENCED PRIVATE INVESTIGATOR AVAILABLE

Services: documentation of cheating partners/ insurance fraud/ surveillance and electronic and countersurveillance. Licensed by the Ontario Ministry of the Solicitor General.  
**HaliburtonPI@gmail.com**

### 400 EMPLOYMENT OPPORTUNITY



**The Royal  
Canadian Legion  
Minden Branch 636**

Is looking for a  
Full Time Assistant Cook  
Offering competitive wages  
and benefits

Must have an  
Ontario Food Handler  
Training Certificate

**Please leave Resume at the Legion  
Monday to Friday  
between 10:00 AM to 3:00 PM**

### 400 EMPLOYMENT OPPORTUNITY

#### BISHOP GEYER SURVEYING INC:

Expanding land surveying firm looking for active field assistants. Do you like working outside? Working with your hands and brain? Then we have an opportunity for you! Learn while you work in a company who provides all employees with opportunities to excel! Valid drivers license and vehicle a must.  
Chainsaw ticket and/or experience a benefit, but no experience necessary.

**Please contact: adam@bgsurveys.ca**

#### CERTIFIED DENTAL ASSISTANT

required at Dr. Butera's dental clinic.  
Full and part time available.  
Please email **londondds@yahoo.ca**  
if interested.

#### CHECK OUT THIS SUMMER JOB!

Catering company hiring General help and dishwashers for beautiful Onondaga Camp. Room and board provided at no cost for the duration of the contract. Dates starting as soon as July 19th and ending the last week of August. For details please contact us at: **campcatering@hotmail.com**



## HELP WANTED!

The Haliburton County Huskies are looking to fill the following Game Day positions for all of our 2021/22 home dates at SG Nesbitt Memorial Arena in Minden:

- **SMART SERVE BAR SERVICE** ■
- **TICKET OFFICE & SEASON TICKET ATTENDANT** ■
- **IN RINK USHERS** ■
- **MUSIC D.J.** ■
- **VIDEO TV HOCKEY CAMERA OPERATOR** ■

If you are interested in being part of the exciting action of Junior A Hockey, please send your inquiries to Brad Townsend at **btsportsinc@gmail.com**

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**in the newspaper**

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and More!**



# Minden Times Classifieds

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Deadline 4 pm Monday

## 400 EMPLOYMENT OPPORTUNITY



### WE ARE HIRING

#### Why Work for Hudson Henderson?

At Hudson Henderson Insurance we pride ourselves on being a locally owned and operated business that works closely with our clients to fulfill all of their insurance needs at the best prices available. We work in a collaborative team environment where every person is valued, respected and is offered opportunities to grow and excel in their role.

#### Positions Currently Available:

- COMMERCIAL BROKER
- PERSONAL LINES BROKER
- ADMINISTRATIVE ASSISTANT

#### General Requirements:

- Background and/or education in the field preferred
- Team-oriented and works well in fast-paced environments
- Excels in customer service

SEND YOUR RESUME TO  
INFO@HUDSONHENDERSON.COM

### Come Join Our Team

Wind in the Willows is expanding our team of professionals.

If you are looking for a diverse and rewarding career in a relaxed, friendly environment look no further.

Experience as an esthetician an asset, however training will be provided to the right candidate.



Forward resume to :  
Windinthewillowsspa@gmail.com  
or drop it in the spa.

Wind in the Willows  
Day Spa & Boutique

*In the market for a new career? Look here for great employers!*



*An unwavering belief in people and possibilities*

**Are you a Chef? Are you tired of cooking the same things all the time? Do you like to experiment? To think outside the box? Would you like to join a passionate team dedicated to learning and growing? Would you like to have weekends off?**

SIRCH Community Services is a highly regarded Ontario non profit organization whose mandate is to level the playing field, reduce poverty, foster connection and build skills. In 2020 we opened a bistro, and marketplace. In 2021 we added a bakery and patio. Located in the village, it is a place where everyone can feel welcomed, connected and safe. We teach basic food, hospitality and retail skills year-round, and students practice their skills in the bistro and marketplace. The Marketplace sells local food items and features the work of dozens of local artists and entrepreneurs. We partner with businesses and connect students with job opportunities and resources.

**We are looking for a Chef to join our Haliburton team. If you are someone who...**

- Loves the notion of joining a growing social enterprise and helping the community thrive.
- Is proficient in English, both written and verbal.
- Has an undergraduate degree or Diploma in a relevant discipline
- Has 3-5 years of progressive culinary experience, and sound theoretical knowledge of culinary techniques
- Is professional, ethical and reliable
- Is acutely aware of health and safety
- Red Seal Certification is significantly advantageous

For a full job description, email [info@sirch.on.ca](mailto:info@sirch.on.ca) or call 705-457-1742.



*an unwavering belief in people and possibilities*

#### Help Wanted

##### Children's Programmer- 6 month PT contract

Experience with infants and toddlers required. Must be able to assist in developing and running activities for children, be sensitive to issues affecting families and have a good understanding of the demands of motherhood. You will work as part of a team for 2 half-days per week plus planning time.

##### Community Outreach Assistant- 6 month PT contract

Bring resources to smaller communities in a grass-roots manner. The successful candidate will be comfortable talking to people, have a positive outlook and be able to work as part of a team. You already have a good understanding, or direct experience of, parenting on a low-income, as well as other challenges such as single parenting, social isolation, etc.

This position is 2-3 days per week and may need some flexibility in days and times. Reliable transportation is required.

For more information call 705-457-1742 and ask for the CAPC/CPNPCoordinator.

**READ IT  
ONLINE**

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Sell that unwanted item in  
our **CLASSIFIED** sections.

Three papers, One Low Price!

**\$15.00** For up to  
25 words.

Your classified word ad will appear in all three of our weekly papers:  
*The Echo, Times and County Life.*



Call 705-457-1037  
or 705-286-1288

Weekly ad deadline: Thursday 4 p.m.

*County Life*



Combined audited weekly  
circulation 8,100  
2020

*Serving the community, it's what we do!*



# Minden Times Classifieds

Call 705-286-1288  
classifieds@haliburtonpress.com  
Deadline 4 pm Monday

## 400 EMPLOYMENT OPPORTUNITY

### THE PUMP SHOP

Your Water Specialists

The Pump Shop has been servicing water systems in Haliburton and surrounding areas for over 30 years and we are looking for a **Bookkeeper** to join our growing team!

A full time position with benefits is available. The starting wage is \$60,000 per year based on knowledge and experience. We are looking for a multi-tasker with excellent communication skills and an upbeat attitude. Candidates should be able to assist management and other staff with various administrative or clerical requests. The candidate would also be responsible for a variety of general accounting support tasks, including but not limited to:

- Accounts Payable
- Bank Account and Credit Card Reconciliation
- Payroll (Approx 20 Employees)
- Invoicing
- Preparing Government Remittances (HST, Source Deductions, EHT, and WSIB)
- Year End Preparation

The qualifying candidate should have experience in QuickBooks Enterprise and Microsoft Office. A minimum of 3 years' experience is preferred.

**Please forward your resume and cover letter to**  
jesse@thepumpshop.ca

### THE PUMP SHOP

Your Water Specialists

The Pump Shop has been servicing water systems in Haliburton and surrounding areas for over 30 years and we are looking for a **Water System Service Technician Assistant** to join our growing team!

A full time year round position with benefits is available for the right individual. Starting wage is \$45,000 per year based on knowledge and experience. The applicant must be motivated, organized and willing to learn. Experience is an asset but not necessary as on the job training will be provided.

Duties include assisting Senior Service Technicians in installing a variety of water treatment systems, diagnosing, and troubleshooting water systems issues and repairing the issue.

Valid G driver's license with a clean driver abstract is mandatory.

**Please forward your resume and cover letter to**  
jesse@thepumpshop.ca

### THE ECHO CountyLife

HALIBURTON COUNTY

The Haliburton County Echo is seeking a talented editor to join an award-winning team in the heart of Ontario's cottage country. The incumbent will be responsible for overseeing the production of the Echo, weekly publication County Life, and a variety of seasonal magazines. The position includes liaising with the advertising and production departments, as well as general reporting and writing, and writing a weekly opinion piece.

The preferred candidate will possess the following:

- A diploma or degree in journalism
- Outstanding copy editing skills
- Experience in/understanding of community newspapers
- The ability to juggle numerous responsibilities while meeting multiple deadlines
- Excellent time management
- Demonstrated photography and photo editing skills
- Firm command of spelling, grammar and Canadian Press style
- Working knowledge of Adobe Photoshop and Adobe InDesign software
- Willingness to live in Haliburton County
- Access to a vehicle and a valid driver's licence

Interested candidates should forward resumes and writing samples to general manager David Zilstra at **david.zilstra@haliburtonpress.com** no later than August 19th.

### THE ECHO CountyLife The Times

HALIBURTON COUNTY MINDEN ONTARIO

The Haliburton County Echo and Minden Times are seeking a skilled reporter to join an award-winning team of journalists in the heart of Ontario's cottage country. The preferred candidate will possess the following:

- A diploma or degree in journalism
- Knowledge of or interest in municipal government, as, in addition to general news, the position will entail reporting on the activities of a number of local municipal councils
- Firm command of spelling, grammar and Canadian Press style
- Demonstrated photography and photo editing skills
- Ability to juggle numerous assignments while meeting multiple deadlines
- Willingness to live in Haliburton County
- Must have access to a vehicle and a valid driver's licence

Interested candidates should forward their resume and writing samples to Publisher, David Zilstra by Tuesday, August 17th.

**david.zilstra@haliburtonpress.com.**

## Classified Word Ad Special

25 words and your ad will run in The Echo, The Times & County Life for \$15 plus HST  
**Call Us Today!**



# Minden Times Classifieds

Call 705-286-1288  
classifieds@haliburtonpress.com  
Deadline 4 pm Monday

600 FUNERAL SERVICES



**Gordon A. Monk**  
Funeral Home Ltd.  
Pre-planning Centre

"Serving Haliburton  
and Victoria  
Counties"

Call for information  
explaining many of  
the options available to you.

**We can help...**

- We offer pre-need and at need packages for cremation, burial and memorial arrangements
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*Community*  
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Memories, share them here  
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650 OBITUARIES




*In Loving Memory of*  
**Roean Nila Barnhart (nee Davis)**  
*Passed away peacefully on Saturday, August 7, 2021 at the Haliburton Hospital at the age of 85.*

Loving wife of the late Jack Barnhart for 53 years. Wonderful mother to Lynn (Larry) Watson of Peterborough, Sandra (Greg) Bishop of Carnarvon, Barbara (Jim) Winn of Haliburton and Gail (Ross) Barnhart-Anderson of Paris. Cherished grandmother to Andrew (Cassy), Jeffrey (Alitsha), Christopher (Courtney), Mallory (best friend Kim), Adrian (Ashlee), Kenton (Randi), and Malcolm (Emily). Great grandma to Bianca, Emmett, Quinn, Ellie, Mason, Kenzie and Callie. Dear sister of the late Shirley (Edmund) Edwards, Doris (Jack) Redner, Merle (Francis) Thomas, Moss Davis, Albert (Doreen) Davis, Delbert Davis, Murry Davis, survived by her sisters-in-law Betty and Shirley. Fondly remembered by her nieces, nephews, family and friends.

Friends are invited to visit the family at the Gordon A. Monk Funeral Home Ltd., 127 Bobcaygeon Rd., P.O. Box 427, Minden K0M 2K0 on Thursday from 6:00 pm until 9:00 pm. A Graveside Funeral Service and Interment will be held at the Twelve Mile Lake Cemetery, 1112 Chambers Rd., Carnarvon on Friday, August 13th, 2021 at 2:00 pm.

*Please Note # Due to COVID-19 Restrictions, a limited amount of visitors will be allowed in the Funeral Home at one time and all remaining visitors will have to line up outside of the Funeral Home. For the Graveside Funeral Service there is a limit of 100 Attendees. Social distancing with face coverings and lists of attendees, names and phone numbers are required for contact tracing.*

Memorial Donations to the Maple Lake United Church or Haliburton Highlands Health Services Foundation (HHHSF) (designated for Highland Wood) would be appreciated by the family.



[www.gordonmonkfuneralhome.com](http://www.gordonmonkfuneralhome.com)



*In Memoriam*

*To place your memoriam  
call 705-286-1288*

## HEART HEALTH WORD SEARCH

L	T	C	O	L	U	S	E	I	R	A	L	L	I	P	A	C	C	V	S
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A	N	G	I	O	G	R	A	M	C	U	T	C	A	T	H	E	T	E	R

Find the words hidden vertically, horizontally, diagonally, and backwards.

### WORDS

- A-FIB
- ANGINA
- ANGIOGRAM
- ANGIOPLASTY
- ANTICOAGULANTS
- AORTA
- ARTERIES
- ATRIUM
- ATTACK
- CAPILLARIES
- CARDIOLOGIST
- CATHETER
- CHAMBER
- CHEST
- CONGENITAL
- CORONARY
- ECHOCARDIOGRAM
- HEART
- HYPERTENSION
- ISCHEMIC
- PACEMAKER
- VALVES
- VEINS
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# The Times

65¢

Minden

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Sales Representative  
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Main St., Minden  
Off. 286-2882 Res. 286-4062

Monday, May 29, 1995

## Public meeting told

### Committee pursuing inquiries from MDs

by Andrew Milne

An ad-hoc committee organized to bring doctors into the Minden area announced last week that they have been contacted by interested physicians.

Community Committee for Physicians (CCP) members were unable however to confirm how far along negotiations are.

Also announced during the meeting: the Ministry of Health (MOH) has informed the eight Reeves of the catchment area of the Minden hospital that minister Ruth Grier will not be taking the time to visit them to resolve the region's health care crisis. The Reeves had been pressing the Health Minister for assistance regarding the closing of the in-patient services at the Minden Hospital. Their letter was sent May 1 and, until just a day before the meeting, they had not received a reply.

The CCP made the announcement about the inquiries at a public meeting May 24 at Archie Stouffer Elementary School, an information session held to announce to residents of the Minden area what progress has been made. CCP member Doug Campbell said they had received the inquiries — to advertisements placed in medical trade publications — only shortly before the meeting.

The CCP told the meeting that its mandate does not concern so much the status of the hospital, as attracting physicians to the region and keeping them here — something they hope to achieve by making physicians aware of the need in the community and the benefits of locating here. The committee has placed advertisements in a number of medical journals inviting inquiries from doctors.

More than 300 people attended the May 24 meeting and heard presentations from CCP members Jeanne Anthon (also reeve of Anson, Hindon, and Minden), Jack Brezina, Campbell, Brian Kernohan, and Ted Wilkes.

Foster Loucks, executive director of the Acting Health Services Board (AHSB), a body formed to take over the operation of hospital services in Haliburton County following their divestment from St. Joseph's, was also present, to speak to the public for the first time since being hired to the position May 1. Loucks described rec-

(more on page 3)

## Many hands make...



.....**LIGHT WORK:** not that this group of Toronto and Hamilton area people didn't already know that from their business experience. They are members of the Toronto Junior Board, a group of young entrepreneurs who donated their time and muscle this past weekend to erect a health centre at Camp Wanakita. Close to 80 members of the organization were on hand for the three day building bee which saw the 1800 square foot exterior of the structure completed by Sunday. A second group of volunteers will arrive at the camp next weekend to complete the interior work. For more pictures of the work in progress see page 21

## Contract awarded for county building renovations

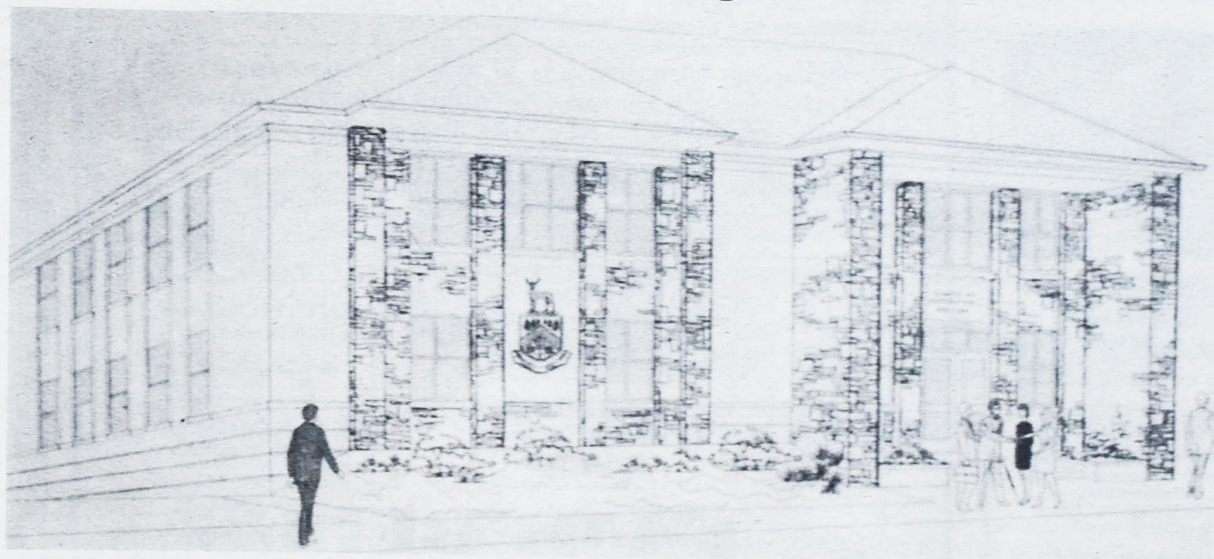
The contract for the renovations and addition to the Haliburton County Administration Building has been awarded to Rodco Enterprise of Haliburton.

Three companies were invited to make presentations during a closed session of County Council last Thursday. The majority of council members favoured the Rodco plan, which came in at \$702,800, including GST.

Acting County Administrator Ross Rigney said that all three of the proposals were very close in quality and price but it was the aesthetics of the Rodco design, which kept the character of the present building, that won council's endorsement.

A resolution was passed accepting the Rodco proposal, subject to final approval of the infrastructure grant by the federal government. The provincial government has already given its approval.

County councillors Eleanor Harrison and Murray Fearrey declared conflict of interest in the matter since they both are involved in the building supply business.



**NEW LOOK:** This is an artist's concept of how the front of the Haliburton County administration building will look after the expansion and renovations are completed. County Council endorsed this \$700,000 project last Thursday.

## Legacy.

From humble beginnings in 1953, we have grown to become a recognized insurance brokerage in the Highlands. When my grandfather, Floyd Hall, started the brokerage

he focused on building relationships. That remains our objective to this day. Our clients typically know us by name, call us directly or personally visit our office to discuss their needs. We thank them for the trust they place in us. For those who don't know us, we welcome your inquiry.

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**Haliburton**  
705.457.1732  
ghall@floydhallinsurance.com

**Floyd Hall Limited**  
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Adele Barry  
705-457-0306

### Grass Lake \$999,000

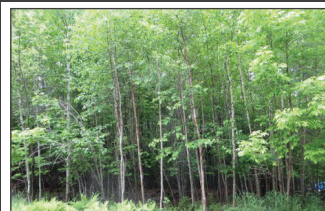
- 4 Bedroom 3.5 Bathroom
- 5 Chain Lake system
- Lots of privacy on 1.8 acres
- 2 min from Haliburton



Dagmar  
Boettcher\*\*  
457-5968

### Kushog Lake

- 3680 s.f. Viceroy on .91 acres
- 3+ Bedrooms and 3 bathrooms
- Double car garage with upstairs
- 110 ft west facing hard sand entry



Andy Campbell  
854-0292

### Wanted – I have buyers for

- Bush lots and hunting camps
- Waterfront cottages
- Rural homes



Gloria  
Carnochan\* &  
Breen Budel\*  
754-1932

### Has it All Little Kennis \$995,000

- Yr Rd. 3 Bdrm + Office, 3 Pc Bath, Laundry Hookup
- Wood Flrs. Custom Kit/Granite Top. Wood/Electric
- Heated Studio, Garage, Granite Stone Landscaping
- Granite Firepit Area, Lg Docking, Gazebo, Internet



Mark Denny's\*  
457-0473

### Hwy Commercial Lease

- 666 Ft Rd Frtg, 3.4 Acr
- 868 Sq Ft Bldg, High Traffic Location
- Hwy 118 Between Haliburton & Carnarvon
- Contact Listing Realtor for More Details



Tom Ecclestone\*  
286-2138 x 226

### Gooderham \$199,000

- Almost 17 acres with 345' on the Irondale River.
- 2 lots-in-one, with year-round access.



Lindsay  
Elder\*  
457-5878

### Brady Lake \$799,999

- Home/cottage, 3 bedroom, 1 bath
- Ultimate privacy & stunning view
- Winterized 2 bed/one bath guest cottage
- Level lot with lots of room & huge fire pit



Melanie  
Hevesi\*\*  
854-1000

### Find me now at 35 & 118

- Certified Luxury Home Marketing Specialist
- Thinking about selling in today's market?
- Call ME TODAY!



Andrew Hodgson\*\*  
286-2138 x 229

### Haliburton Home \$429,000

- Updated family home in the heart of Haliburton
- Good sized principal rooms, 4 bedrooms & 2 baths
- Large deck, beautiful gardens and creek



Susanne James\*  
& Andy Mosher\*\*  
457-2128 x 133

### Miskwabi Lake \$799,900

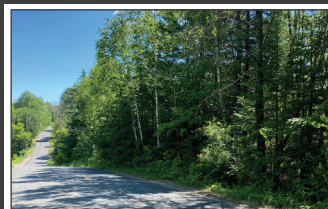
- 3BR cottage on 2-lake chain.
- Includes 2 separately deeded lots with 280' shoreline.
- Great shoreline, NW exposure for sunsets



David Lee\*  
286-2138 x 227

### Thinking of Selling your Property?

- Please give me a call. I would be glad to help.
- 35 years experience selling in Haliburton County



Donna  
McCallum\*  
455-2054

### Ursa Road \$250,000

- 43 acre hide-away, paved yr round road
- Hydro at lot line
- Close to Glamor & Billings Lakes
- ATV & snowmobile trails



Brandon  
Nimigon\*\*\*  
457-2128 x 127

### Harburn Rd \$ 1,050,000

- 17 vacant lots over 47acres
- 1.91 acres to 4.92 acres
- Registered Plan of Subdivision
- Close to town



Karen Nimigon\*\*  
457-6505

### Greens Lake \$759,000

- 1300 sf, 3 bedroom, 1 bath, loft
- Shallow waterfront & deep off dock
- Close to Crown Land, ATV & Snowmobile trails



Kelly Kay\*  
705-457-8841  
Kirsten Rae\*  
705-854-1454

### Minnicock Lake Rd \$144,900

- 10 acres, nicely treed on year round road,
- only 10 minutes from Haliburton



Darlene Reil\*  
447-2055

### Tory Hill \$279,900

- Getaway off-grid 2 room cabin
- Babbling creek sitting on 38 acres



Christine Sharp\*  
705-489-9968

### Brand new Build \$619,000

- 3 Bed / 2 bath
- Close to Kushog Lake boat launch



Greg Stamp\*  
457-2128 x 128

### Gooderham Home \$799,900

- Well maintained home on over 55 acres
- 2,200 Sq Ft, 4 bedrooms, 3 bathrooms
- Large shop/garage with ample storage
- Ideal private location just outside of town



Melanie Vigrass\*  
286-2138 x 232

### Minden Bungalow \$599,000

- 3 bdrm/2 bath Home Just North of Town
- Cathedral Ceilings, Hardwood Floors,
- Walk-Out Lower Level Rec Room
- Dbl Car Att'd Garage, 1.1 Acres



Lindsay  
Wilkinson\*  
286-2138 x 223

### Minden Home \$399,900

- 4 bedroom, 2 bath, 1014 sq. ft.
- Finished basement, fenced yard
- Walking distance to downtown



Andrea Wilson\*\*  
705-457-6694

### Haliburton Area

- 1800+ sf home, main flr living
- 3 bdrms, 3 baths, sunroom
- Dbl attached garage
- Geothermal heating w/AC, back up generator



Kirby Keks\*  
705-457-2128  
x138

### Buying or Selling?

- MOVE to what Moves You!
- CLIENT focused! Results Driven!



Jim Allder\*  
705-935-1112

### Properties Wanted!

- Call me today to book a no obligation property evaluation
- I have buyers waiting...

### We are open for business!

Our REALTORS will be following certain protocols to ensure our clients' safety.

Contact us to learn more about our updated practices.

# CENTURY 21®

## Granite Realty Group Inc.

BROKERAGE

# PROUDLY PART OF THE HALIBURTON HIGHLANDS COMMUNITY!

Haliburton 705-457-2128 | Minden 705-286-2138 | Carnarvon 705-489-9968 | Kennisis/Redstone 705-754-1932